

East County Intercom



Isiah Leggett, County Executive

Anise Key Brown, Director

Timothy Firestine, Chief Administrative Officer

Stephen A. Jacobs Esq., ECCAB Chair

January 2007

Wishing you a Happy and a Successful Year in 2007

MESSAGE FROM THE DIRECTOR

Here's hoping that everyone had a joyous Holiday Season and are eagerly looking forward to a bright and prosperous New Year in 2007. We at the Center certainly are, as we will be celebrating five years of dedicated service in our new building. We have grown with several new initiatives and partnerships, in conjunction with Health and Human Services, African American Health Program, the Peoples Wellness Clinic, the outreach efforts of the 3rd District Police Substation and our own programs and developments at the Center.

In our upcoming editions, we are only getting better. Look for an array of continuing programs and services and some new initiatives as we step back to reflect and step up to renew our commitment to you, the residents of Eastern Montgomery. We are looking forward to a great 2007! Join us to celebrate our five years of committed service and getting better every day. *Here's to a great year!*

Sincerely,
Anise Key Brown, Director

UPCOMING EVENTS AT THE EASTERN REGIONAL SERVICES CENTER

Citizens Budget Forum - *The County Executive wants to hear from you!* The Eastern Montgomery Regional Services Center is hosting a Citizens Budget Forum for FY 2007-08 on January 31, 2007 between 7:00pm-9:00 pm. Topics of discussion will be ► *How the Budget process works*, ► *Future projections for FY 2008 and beyond* ► *Answer any questions and concerns you may have*. For more information, please contact the Center at (240) 777-8400

Project CLEAN Community Grants Available—The Eastern Montgomery Regional Services Center is pleased to announce the initiation of Project CLEAN, County Living Equals Attractive Neighborhoods. This program will be accepting applications from now through January 31st, 2007. Guidelines as well as application criteria is available on our web site www.montgomerycountymd.gov/eastco

Tenants - Come and learn about services available to you and find out easy and effective ways to access these services. Learn about **tenant rights**, **tenant financial assistance**, **tenant legal assistance**, and more! Meet with representatives from Montgomery County Programs on Tuesday, February 6th, at the Eastern Montgomery Regional Services Center, 3300 Briggs Chaney Road in Silver Spring. Call 240-777-8400 for more information.

The People's Community Wellness Center - is hosting a "Men's Clinic" on Thursday, January 11, 2007 at 6:00 p.m. – 9:00 p.m. The Clinic seeks male patients who would like to be screened for Colorectal Cancer, Oral Cancer, and Prostate Cancer. The services rendered include Digital Rectal Exams (DRE) and Prostate Specific Antigen (PSA) Blood Tests. The clinic meets monthly, is FREE to all males that reside in Montgomery County and meet the low-income guidelines and age criteria. For additional information, please call 301-847-1172.



Inside this issue

Current Ongoing Events at EMRSC...	2
County News	3
Legislative News.....	5
Counseling & Career for Women.....	6
Other News	6
Library News	7

Topics of Interest

- Citizens Budget Forum at EMRSC
- Project CLEAN at EMRSC
- Employment Services at EMRSC
- Consumer Tip of the Month
- Volunteer Opportunities
- Quote of the month
- East County Citizens Advisory Board Meeting Information
- The Peoples Community Wellness Clinic
- Health and Human Services
- The Third District Police Station

The East County Regional Office of the Montgomery County Department of Health and Human Services will start a Healthy Living Brown Bag Seminar at the Eastern Montgomery Regional Services Center on Monday, January 8, 2007 at 12:00 noon. The Brown Bag Seminar will be held every 2nd Monday of the month until June 11, 2007, with a different topic each month that deals with living a lifestyle. The topic for January is Black Babies S.M.I.L.E. (Start More Infants Living Equally Healthy), a service of the African American Health Program. Bring your lunch, dessert will be provided. For additional information, please call 240-777-4470

CURRENT ON-GOING EVENTS AT THE CENTER

Employment Services Offered in East County -The Eastern Montgomery Regional Services Center, in cooperation with the Montgomery Works Career Development Center, continues to provide job-related assistance on the third Thursday of each month. The next day to receive assistance at the Center, located at 3300 Briggs Chaney Road in Silver Spring, is **January 18th**. An employment specialist with Montgomery Works will be available to meet with individuals between 8:30 am and 5:00 pm. Residents can receive career guidance for finding employment or for building skills to help advance within a current job. Individuals can get help with skill assessments; resume writing, interviewing, career planning, networking and using computers to find job opportunities. For more information, or to schedule an appointment, call 240-777-8400.

Free ESOL Classes to be Offered -The Eastern Montgomery Regional Services Center, in partnership with the Chinese Culture and Community Center, will begin new daytime ESOL (English for Speakers of Other Languages) classes for adults on **February 7th**. The classes will run for 20 consecutive weeks. Two classes will meet on **Wednesdays from 10 a.m. to noon and a third class will be held from 1 to 3 p.m.** Classes are open to all wishing to learn English. The Fall 2006 classes have been very well attended and have proven to be a tremendous learning experience for the students. In January, approximately 40 area residents will complete these classes. All classes are offered free of charge, however a **\$10 refundable deposit and \$16 book fee are required**. Registration and placement testing will take place on the first day of class. To sign up for a class or to receive more information, call 240-777-8400

The Montgomery County Office of Human Rights -On November 13th 2006, the Montgomery County Office of Human Rights successfully initiated their community outreach program at the Eastern Montgomery Regional Services Center as well as the other 4 Regional Service Centers. The Investigator provides information, brochures, publications and intake services for anyone with human rights law enforcement concerns. The Office of Human Rights enforces Chapter 27, Article I of the Montgomery County Code which prohibits discrimination in employment, commercial and residential real estate transactions, public accommodations and intimidation on the bases of race, color, sex, religious creed, ancestry, marital status, national origin, sexual orientation, disability, family responsibilities, source of income and presence of children (housing only), genetic status (employment only) and age (housing and employment only). The Human Rights Investigator will be available every Monday from 10:00am to 2:00pm at the Eastern Montgomery Regional Services Center for walk-ins and by appointment. Appointments for the Eastern Montgomery Center can be made at # (240) 777-8450 (Voice) or #(240)777-8480. (TDD). The Human Rights Investigator will be available at EMRSC on: **January 8th, 22nd& 29th, 2007**

ANGEL TREE EVENT A BIG SUCCESS!!!



Angel Tree 2006 at the EMRSC—The Eastern Montgomery Regional Services Center participated in making a needy child SMILE again this year. The Angel Tree project, hosted by the Center, was a big success. The attached picture shows the gifts contributed by those who participated (26 in all). The transport of the gifts was such a big job that we had to call for the Salvation Army to send a truck to pickup the gifts at the Center. In case you cannot see them all, there were 9 bicycles among the total number of gifts this year. *What a great feeling these kids must have had on Christmas Day!*



Apartment Managers Luncheon at EMRSC— On December 8th, the Center launched its East County Apartment Managers Partnership (ECAMP) program with a luncheon at the Eastern Montgomery Regional Center. Apartment managers and assistant managers were invited to meet and listen to Police Commander Betsy Davis, Juin Killingsworth from the County's Landlord-Tenant office, Lamont Akins from the East County office for Health and Human Services and Gwen Haney from the Regional Services Center. Following the presentations managers were asked to discuss issues of pressing concern and to identify additional concerns in the form of a survey which was circulated. Issues which surfaced for future meetings include High rents/utilities, rental assistance, vehicle break-ins and the need for better transportation access. ECAMP will continue to meet on a quarterly basis in 2007.



The Peoples' Community and Wellness Center (TPCWC) at EMRSC—A COOPERATIVE Venture between the People's Community and Wellness Center (TPCWC), Eastern Montgomery Regional Services Center (EMRSC) and Mobile Med.

Hours : Monday-Tuesday 8:30 a.m.—4:30 .pm. /Wednesday-Thursday 2:00 p.m.—10:00 p.m / Friday : 8:30 a.m.—4:30 p.m.

All patients are seen by appointment only, No Walk-Ins will be taken.

Women's Clinic (Appointment Required) : 1st Thursday Night of Every Month

Men's Clinic (No Appointment Required) : 2nd Thursday Night of Every Month

TPCWC and Mobile Medical cannot provide Emergency Care. Patients requiring Emergency Care should dial 911 or report to the nearest hospital emergency room. If you have additional questions, you can contact TPCWC at (301) 847-1172 OR

www.pcw.onehealthylife.org

COUNTY NEWS !!!



Leggett Visits with Charter House Residents; County Continues Providing Services to Displaced Seniors - Montgomery County Executive Ike Leggett paid a visit to residents of the Charter House Apartments in Silver Spring who were displaced from their homes November 30 after the high-rise buildings basement flooded and the building was evacuated. Leggett shared dinner with more than 50 residents who are currently staying at the Crowne Plaza Hotel in Silver Spring. From the start, we have worked with Homes for America to get residents back in their homes as quickly

as possible, said Leggett, and while they are displaced, several County agencies continue working to ensure that their needs for meals, shelter and other necessities are taken care of. To read on go to:

http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2972

Leggett Recognizes "Everyday Heroes" for Risking Their Lives to Save Others - County Executive Ike Leggett today paid tribute to a group of everyday heroes- local residents who risked their own lives in order to save the victims of a fiery car crash in Boyds and an apartment fire in Gaithersburg. Leggett was joined by Fire Chief Tom Carr and Council President Marilyn Praisner and Council Public Safety Committee Chair Phil Andrews at the noon-time event in Rockville. To read on go to: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2973

Leggett Announces Establishment of Fraud Hotline; Initiative Supports Leggett's Goal of Greater Government Accountability - Montgomery County Executive Isiah Leggett announced that a new Waste and Fraud Hotline will begin operating today to prevent and detect fraud, waste and abuse in government operations. County employees and contractors will now have the opportunity to anonymously report improper or illegal activities. The Hotline will be overseen by the Montgomery County Office of Inspector General (OIG), which was created in 1997 by legislation sponsored by Leggett when he was a Councilmember to improve government efficiency and effectiveness. To read Press Release go to: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2951

News from Montgomery County Division of Solid Waste & Recycling— New Year's Day - Monday, January 1, 2007 - New Year's Day - is recycling and trash collection holiday. No County-provided recycling or trash collections on January 1; all collections for that week shift by one day.

Christmas Trees Recycling -This year's collection will run from **December 26, 2006 through February 2, 2007.**

[Christmas tree recycling details](#)

County Reminds Residents To Reduce, Reuse and Recycle During Holiday Season - The Montgomery County Division of Solid Waste Services (DSWS) reminds residents that although the winter holiday season traditionally brings about added amounts of waste, there are ways to reduce what individual households might generate. To learn more go to: <http://www.montg>

Did you know ??? Montgomery County, Maryland Web Site Ranked Top in Nation by Computerworld Magazine - The Montgomery County Web Site, www.montgomerycountymd.gov, was recently ranked by Computerworld Magazine as the best Web Site in the nation for Counties with populations of more than 250,000.

To read more go to: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2922

Christmas Tree Recycling - Christmas trees will be collected on your recycling day with the rest of your blue bin recyclables from **December 26, 2006 through February 2, 2007**. Make sure your Christmas tree is at the curb by 7 a.m. For details:

http://www.montgomerycountymd.gov/apps/dpwt/solidwaste/collection/services/material_detail.asp?categoryID=5

Curbside yard trim collection - After February 2, 2007, you may still recycle your tree through our curbside yard trim collection.

http://www.montgomerycountymd.gov/apps/dpwt/solidwaste/collection/services/material_detail.asp?categoryID=2 Please note that the tree must then be cut into smaller pieces.

Composting - You can also recycle branches and needles at home by placing them under trees and shrubs as a temporary winter mulch -- or chop them up and add them to your compost pile:

<http://www.montgomerycountymd.gov/deptm/pl.asp?url=/content/detail/Composting/home.asp>

Wreaths and Roping

- Wreaths and roping are typically bound together with wire. Wire could damage our shredding equipment. And, pieces of wire would become "contaminants" in mulch. If you are able to separate the greens from their wire, you may bag or bundle them as yard trim, http://www.montgomerycountymd.gov/apps/dpwt/solidwaste/collection/services/material_detail.asp?categoryID=2 and then set them out for collection on your recycling day. Otherwise, please dispose of your wreaths and roping as trash

MSHA Public Notice on Intercounty Connector - The Maryland State Highway Administration (MSHA) released this fall a public notice containing information on the status of the Intercounty Connector (ICC) project and listing where the environmental impact statement for the project may be viewed by the public. For more information on this state project, visit MSHA's ICC website at: <http://www.iccproject.com/> The following information was distributed by MSHA: http://www.montgomerycountymd.gov/Apps/dpwt/PressRelease/PR_details.asp?PrID=2971

County Students to be Excluded from School for Vaccination Non-Compliance; Thousands of Students in Danger of Being Turned Away January 2 as New Maryland Law Takes Effect - Montgomery County health and school officials are urging parents to make sure their middle school and high school students comply with the new Maryland law requiring vaccination for Hepatitis B and Varicella (chicken pox). Currently, nearly 5,000 students in Montgomery County Public Schools Grades 6, 7, 8 and 9 will be excluded from school on January 2 if they do not have the required vaccinations. To read more: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2943

Use Pedestrian Safety Website to Report Needed Improvements or Repairs - You can utilize the County website to report needed pedestrian safety investments or repairs. The pedestrian safety program maintains a website that allows you to contact various agencies in Montgomery County Government or other local organizations who can address your specific issue. Whether the problem consists of a broken sidewalk panel, a crosswalk needing restriping, or a malfunctioning street light, the website provides information on how to connect to the proper office to report the issue. The website also contains other pedestrian resources, such as information about the County's Pedestrian Advisory Committee. Visit the Montgomery County Pedestrian Safety website: <http://www.montgomerycountymd.gov/mcgtmpl.asp?url=/content/pio/news/pedestriansafety/index.asp>

More Transit Benefits Now Available with Fare Share and Super Fare Share - Montgomery County's Fare Share and Super Fare Share transit subsidy programs have been significantly enhanced the coming year, offering benefits for additional years, a greater maximum subsidy for employers, an increase in the tax-free benefit available each month to employees and a progressive employer contribution. Fare Share and Super Fare Share help businesses pay for their employees transit and vanpool costs as an incentive to reduce solo driving. Fare Share applies to businesses throughout the County, while Super Fare Share targets businesses in the County's Transportation Management Districts (TMDs) of Bethesda, North Bethesda, Silver Spring and Friendship Heights. To read more: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2969



Cold Weather is Here Are You Fire Safe? Time to Check Home Heating Systems and Smoke Alarms - As cold temperatures embrace the Metro area, the men and women of the Montgomery County Fire and Rescue Service offer some safety tips. The fall season and the approaching winter months are typically the busiest time of the year for firefighters. Cooking, home heating systems, heating equipment and associated electrical systems, as well as holiday decorations too close to a heat source continuously are a significant factor in structural fires in

Montgomery County. Many of these fires can be prevented. To read more go to: http://www.montgomerycountymd.gov/Apps/fire/rescue/press/PR_details.asp?PrID=2880

PEPCO Would Like You To Be Prepared for Winter Storms to view go to:

http://www.pepco.com/res/documents/Lines_Dec-06.pdf

Medicare Part D Deadline Approaches; County Recipients Urged to Call for Information, Assistance - County seniors and persons with disabilities receiving Medicare Part D (prescription coverage) and those caring for Medicare recipients are urged to call the County's Senior Health Insurance Assistance Program at 301-590-2819 for information and counseling. For more information go to: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2966

Have you heard? Clean Energy Rewards is open for enrollment! - The program you have been waiting for is here! You can now sign-up with a clean energy supplier or REC marketer of your choice through the Clean Energy Rewards web site: <http://www.montgomerycountymd.gov/cleanenergyrewards>

Report a Pedestrian Safety Problem The following web address provides a form that residents can fill out to report pedestrian safety problems in their community, plus other information and resources about pedestrian-traffic safety and the work of the Pedestrian Safety Advisory Committee.

<http://www.montgomerycountymd.gov/mcgtmpl.asp?url=/content/PIO/news/pedestriansafety/reportproblem.a>



Did You Know on County Cable Channel 6 focuses on Pedestrian Safety! Did you know that bicyclists are subject to the same road rules as people who operate cars? Or, that since 2000, an average of 14 people have died each year while crossing Montgomery County streets? In this episode of "Did You Know," explore the complexities surrounding pedestrian, bicyclist and motorist behaviors, as well as ways to make your trip as safe as possible. To view the program go to: <http://www.montgomerycountymd.gov/apps/CABLE/site/fromurl-weeklyschedule.cfm?viewdate=12/06/2006> and click on 12/06/06 to view.

Getting ready to move? Cleaning out a basement? Renovating your home? That means disposing of items from furniture and appliances to cleaning materials and spare parts. Help is as close as the Shady Grove Solid Waste Transfer Station at 16101 Frederick Road (Route 355) in Derwood. Next to the county's Recycling Center, the facility accepts nearly three dozen items/substances, ranging from appliances and computers to clothing and textiles, scrap metal and bulky trash. In addition to trash, and the recyclable items accepted for curbside pickup, the Transfer Station accepts: rechargeable and vehicle batteries, antifreeze and motor oil (up to five gallons per customer), reusable building materials, clothing and textiles, computers, passenger car tires (up to four per customer), and Household Hazardous Waste (limited hours). The center is open from 7:30 a.m.-8 p.m. Monday through Friday; from 7:30 a.m.-5 p.m. on Saturday; and from 9 a.m.-5 p.m. on Sunday. Receiving hours for household hazardous waste (HHW) are from 9 a.m.-5 p.m. Monday through Sunday. For items not accepted at the Transfer Station or that still have some useful life, consider The Freecycle Network. Members of this nonprofit group use e-mail and the Internet to exchange items they no longer need or use for free. Call 301-840-2370. Or visit: www.montgomerycountymd.gov/hazardouswaste for Transfer Station details and a list of Freecycle Network groups.

Are you planning to travel this Holiday season? Check online for the best airfare or hotel deals but be sure to confirm your reservations directly with the airline or hotel. Print all confirmation emails. Check the Transportation Security Administration's <http://www.tsa.gov/> website for tips and the latest security measures. Take only the credit cards or other personal information which are necessary. Leave the others home. Make copies of the cards you are bringing with you, including driver's license and passport, and keep those copies in your luggage or hotel room. In the event your wallet or purse is stolen, you will have the information you need to cancel those cards and get replacements. Also, check AAA Mid Atlantic's travel tips: http://www.aaamidatlantic.com/travel/travel_tools.asp as well as the American Society of Travel Agents <http://www.travelsense.org/>

LEGISLATIVE NEWS !



County Council 2006 Accomplishments to view list go to: http://www.montgomerycountymd.gov/Apps/Council/PressRelease/PR_details.asp?PrID=2946

Councilmember Floreen Proposes New Road Design Standards Legislation
http://www.montgomerycountymd.gov/Apps/Council/PressRelease/PR_details.asp?PrID=2945

Bill 48-06, Streets and Roads Comprehensive Revisions
<http://www.montgomerycountymd.gov/content/council/pdf/agenda/col/2006/061212/6.pdf>

Subdivision Regulation Amendment (SRA) 06-04, Streets Roads Design Standards
<http://www.montgomerycountymd.gov/content/council/pdf/agenda/col/2006/061212/7.pdf>

ZTA 06-25, Signs Generally and Arts Districts
<http://www.montgomerycountymd.gov/content/council/pdf/agenda/col/2006/061212/8.pdf>

ZTA 06-26, Development Plan Findings Amendment
<http://www.montgomerycountymd.gov/content/council/pdf/agenda/col/2006/061212/9.pdf>

ZTA 06-27, Planned Retirement Community Zone (P-R-C) Standards
<http://www.montgomerycountymd.gov/content/council/pdf/agenda/col/2006/061212/9.1.pdf>

Ride On Encourages New Year's Celebrants to Take the Bus; Ride On to Add Later Trips on New Year's Eve -

Montgomery County Ride On bus system is encouraging New Years Eve revelers to leave the driving to them by running buses on some routes later than usual. Ride On routes with service to the Metrorail stations listed below will operate later to accommodate late night Metro riders. Ride On will operate on a Sunday schedule on New Years Eve, with the following nine routes running 31 additional trips past their usual operating times : (to view times go to: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2974)

Montgomery County Department of Technology Services Raises Funds for Childrens Hospital -
The Montgomery County Department of Technology Services (DTS) recently concluded its annual holiday fundraising drive, raising over \$5,000 for Childrens Hospital of Washington, D.C. Over the past five years, DTS has contributed over \$25,000 to the Hospital. To read on http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2970

COUNSELING AND CAREER CENTER FOR WOMEN

The Montgomery County Commission for Women Counseling & Career Center provides three types of counseling services for adults: **Personal, Couples, and Career**. We offer Personal Counseling for people who are experiencing a wide variety of issues and concerns. Our Career Counseling can help with career planning and work-related issues. Couples Counseling focuses on helping couples improve their communication and problem-solving skills. Counseling sessions are 50 minutes with a fee for Montgomery County residents of \$40. A sliding scale discount may be available for Montgomery County residents. To schedule an appointment, call (240) 777 - 8300. To also enroll for training sessions please click www.montgomerycountymd.gov/cfw or call

OTHER NEWS!

Maryland-National Capital Park and Planning Commission is seeking New Members for the Legacy Open Space Advisory Group—The Legacy Open Space Program is an initiative to protect the County's irreplaceable natural and historic resources through easement and acquisition. Over \$44 million have been committed in the past seven years to the preservation of 22 sites totaling over 3000 acres. The Legacy Open Space Functional Master Plan (2001) and other information is available on the web site: http://www.mc-mncppc.org/legacy_open_space/index.shtml Residents of Montgomery County with an interest in the future of the County's parks and green spaces are encouraged to apply. Send a letter expressing your interest to the address below by December 31. Feel free to include a resume or other relevant information with your application. If you have any questions about the program or membership on the Advisory Group, please contact: Brenda Sandberg, Legacy Open Space Program Manager ;Montgomery County Department of Parks, 1109 Spring St, Ste#800; Silver Spring, MD 20910; Ph#301-650-4360;E-Mail: brenda.sandberg@mncppc-mc.org

Join Brookside Nature Center in Wheaton Regional Park for a Magic of Nature Program—Join nature - loving magician "Wendy Wand" for an afternoon of educational magic! For reservations, go to www.ParkPass.org <http://www.parkpass.org/> (program #25500) or call Brookside Nature Center at 301-946-9071. *January 6, 2007 from 3 - 4 PM all ages are welcome! \$7.00 per person*

CONSUMER TIP OF THE MONTH !

While in the midst of the holiday bustling and frenzy, here are some tips on free and easy things you can give yourself as a smart consumer: The gift of a peaceful dinner--if you have not done this yet, sign up on the Federal Trade Commission Do Not Call Registry <https://www.donotcall.gov/default.aspx>. Register your home and cell phone numbers. In addition, the FTC is seeking public comment on pre-recorded telemarketing calls. Click here for more information: <http://secure.commentworks.com/ftc-ts/>

The gift of security of knowing that your Identity has not been stolen by someone using it to shop on your credit this holiday season. Check your credit report to ensure that all the information is accurate by going to <http://www.annualcreditreport.com/>

The gift of safety by subscribing to the US Consumer Product Safety Commission's email list of recall notices <http://www.cpsc.gov/cpsclist.asp>. Thousands of products are still in use by consumers which could cause injury to people and/or damage to property. By subscribing to the email notices, you can quickly and easier be aware of those potential hazards

VOLUNTEER OPPORTUNITIES

County Seeks Volunteers for Long Term Care Ombudsman Program - Persons interested in helping to enhance the quality of life for nursing home residents are invited to volunteer as long-term care advocates with the Montgomery County Department of Health and Human Services, Aging and Disability Services. Ombudsmen representatives work to promote the highest quality of life for residents in nursing home settings and help to resolve problems. Montgomery County's Long Term Care Ombudsman Program is marking 26 years of providing service and will offer its volunteer training during February. To learn more go to: http://montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=2952

NEWS ON MONTGOMERY COUNTY—RECREATION CENTER

You can now sign up/ register for classes online. Visit <http://recweb.montgomerycountymd.gov/Start/Start.asp?SCheck=650786228&SDT=39080.6000925926>


Did You Know ?

County Cable Channel 6 focuses on Pedestrian Safety!

Did you know that bicyclists are subject to the same road rules as people who operate cars? Or, that since 2000, an average of 14 people have died each year while crossing Montgomery County streets? In this episode of "Did You Know," explore the complexities surrounding pedestrian, bicyclist and motorist behaviors, as well as ways to make your trip as safe as possible. To view the program go to:

<http://www.montgomerycountymd.gov/apps/CABLE/site/fromurl-weeklyschedule.cfm?viewdate=12/06/2006> and click on 12/06/06 to view.

LIBRARY NEWS

MCPL Ranked Among Top 10 Systems in U.S. for Fifth Consecutive Year—For the fifth consecutive year, Montgomery County Public Libraries (MCPL) has been ranked in the top 10 among the nation's public libraries serving populations greater than 500,000, according to Hennens American Public Library Ratings (HAPLR) 2006. MCPL ranked 10th this year and was one of just three systems in the state to be recognized among HAPLR's Top 100, the other two being Baltimore County Public Library and Howard County Public Library. The annual HAPLR index is based on 15 factors, including circulation, staffing, materials, reference service, funding levels and visits per capita. For more information click 
http://www.montgomerycountymd.gov/Apps/Libraries/newsandevents/PR_details.asp?PrID=2924

Free access to Washington Post articles from 1877 present—Are you looking for articles from the Washington Post? Access these articles from MCPL. Proquest's Historical Washington Post database is now available at all library branches including remote access from home (with a MCPL library card). With this addition to the collection, the Library now offers online access to a complete run of the Washington Post from 1877 present. The historical package includes PDF images of the actual newspaper pages (1877-1990). <http://www.montgomerycountymd.gov/libtml.asp?url=/content/libraries/onlineresources.asp>

Exciting Recipes

"People are so worried about what they eat between Christmas and the New Year, but they really should be worried about what they eat between the New Year and Christmas. ~Author Unknown

For Quick and Simple Holiday Recipes click
<http://allrecipes.com/Recipes/Holiday-Cooking/Main.aspx>

For Time Saving Tips, click
<http://www.fabulousfoods.com/school/cstips/>



We Want Your Feedback!

Are there County programs or information you would like to hear more about? Concerns that you would like to see addressed? We would like to hear from you so that we can plan events that better meet your needs.

The Eastern Montgomery Regional Services Center was designed to bring direct services to the East County and to bridge the distance between residents and the County government. Your suggestions, ideas, and recommendations are important to us in our planning efforts. Please bring them to our attention by emailing us at eastco.citizen@montgomerycountymd.gov or by calling 240-777-8400.

If you have items that you would like to include in our newsletter please forward them to: Eastco.citizen@Montgomerycountymd.gov

Our next meeting of the East County Citizens Advisory Board (ECCAB), will be held on
Wednesday, February 7, 2007 at 7:15PM at the
 Eastern Montgomery Regional Services Center,
 3300 Briggs Chaney Road, Silver Spring, MD 20904
 (240) 777-8400, Fax (240) 777-8410, TTY (240) 777-8418

To subscribe to our East County Newsletter please go to:

<https://ext01.montgomerycountymd.gov/entp/s1p/esubpublic/newssubscriber.do>



[Return To Welcome Page](#)

CALENDAR OF EVENTS

FAIRLAND LIBRARY

For a complete listing of Fairland Library events, please click this [link](#)

WHITE OAK LIBRARY

For a complete listing of White Oak Library events, please click this [link](#)

Quote of the Month!

An optimist stays up until midnight to see the new year in.
 A pessimist stays up to make sure the old year leaves. ~Bill Vaughan

Agenda for the Year

Organize your Life
 Make time for Family & Friends
 Lose some weight
 Meditate
 Quit bad habits

**East County Citizens
Advisory Board (ECCAB)**

Guests are invited to attend the East County Citizens Advisory Board meetings and encouraged to ask questions & provide comments.

If you have questions about an agenda item please contact :

Tel (240) 777-8400

Fax (240) 777-8410

TTY (240) 777-8418

*For special accommodations
please contact our office at least
72 hours in advance*

**Eastern Montgomery Regional
Services Center**

Anise Key Brown, Director
3300 Briggs Chaney Road,
Silver Spring, MD 20904

Tel (240) 777-8400 /Fax (240) 777-8410
TTY/TTD (240) 777-8418

www.montgomerycountymd.gov/eastco
eastco.citizen@montgomerycountymd.gov

Hours: Monday-Friday 8:30 am - 5:00 pm

LOCATION

**Eastern Montgomery Regional
Services Center**

We are located off Route 29 at 3300 Briggs Chaney Road, between Robey Road and Gateshead Manor Way.

Directions from I-495, the Capital Beltway:
Take the Colesville Road (Rt. 29) exit, going north towards Columbia. Go about 6 miles and take the right exit going east on Briggs Chaney Road. Turn left onto Robey Road and then turn right into our facility. (You can also enter from Gateshead Manor Way.)

By Bus: We are next to the Briggs Chaney Park & Ride Lot, served by Metrobus lines Z6, Z8, Z11, & Z13; and by Ride On Route 39.

The People's Community Wellness Clinic

Primary Health Care Clinic for
uninsured and underinsured adults.

Call 301-847-1172 for appointments

Monday-Friday
9 am – 4 pm

Health & Human Services

Department of Health & Human Services
East County Regional Office
3300 Briggs Chaney Road, Silver Spring, MD 20904

Serving Zip codes: 20903, 20904, 20905, 20866, 20868.

Most services by appointment only.
Please call ahead: 240-777-4470
Monday-Friday 9 am – 4 pm

Police Third District – Briggs Chaney Substation

A community Police substation is located in our building at
3300 Briggs Chaney Rd.

For assistance, please call:

(240) 773-5800.

The main Police station for our area is:
Silver Spring Police Station,
801 Sligo Avenue, Silver Spring, MD 20910
(301) 565-7744

Eastern Montgomery Regional Services Center
3300 Briggs Chaney Road
Silver Spring, MD 20904
Phone: 240-777-8400 / Fax: 240-777-8410
e-mail: eastco.citizen@montgomerycountymd.gov
web : <http://www.montgomerycountymd.gov/eastco>

